



LUNCH MENU



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SMALL PLATES

HOT & SPICY CHICKEN WINGS

LARGE: €12.00 REGULAR: €8.00

Large crispy chicken wings coated in a hot and spicy sauce

Allergens: Wheat, Egg, Dairy, Celery, Soybean, Mustard, Sesame Seeds

SOUP OF THE DAY €4.50

Freshly homemade soup of the day served with brown soda bread

Allergens: Wheat, Dairy, Celery

SQUID RINGS €7.50

Deep fried crumbed squid rings served with a rocket salad and lemon and garlic dip

Allergens: Wheat, Eggs, Dairy, Mustard, Fish

GARLIC & CHEESE BREAD

Crisp baguette topped with garlic butter & cheddar cheese served with seasonal leaves

Allergens: Wheat, Eggs, Dairy, Mustard

GO GREEN

CAESAR SALAD €8.00

Crisp cos lettuce with bacon lardons, parmesan shavings and our house Caesar dressing

Add Chicken €2.50

Allergens: Wheat, Dairy, Eggs, Mustard

SWEET & BEETTY SALAD €8.50

Grilled sweet potato with beetroot and feta on a bed of mixed greens with our house dressing

Add Chicken €2.50

Allergens: Dairy, Mustard, Celery

WARM ASIAN

BEEF SALAD €10.50

Strips of beef cooked in a ginger & soy sauce served on a bed of vegetable ribbons sprinkled with toasted sesame seeds

Allergens: Soyabean, Celery, Mustard, Sesame Seeds

SANDWICHES

ADD FRIES OR SOUP TO YOUR SAMBO FOR € 2.00

TOASTED SPECIAL €6.50

Toasted ham, cheese, tomato and onion on a choice of brown or white bread

Allergens: Wheat, Dairy, Eggs, Mustard, Celery

B.L.T €6.00

Smoked bacon, beef tomato, crisp lettuce and a mustard and chive mayo. Served on your choice of brown or white toasted bread.

Allergens: Wheat, Dairy, Eggs, Mustard, Celery

JOINT OF THE DAY SAMBO €7.50

Fresh cooked joint of the day served on a choice of brown or white bread

Allergens: Wheat, Dairy, Eggs

CHICKEN & STUFFING

SAMBO €6.50

Fresh chicken and homemade stuffing served with stuffing mayo and crisp baby gem on a choice of brown or white bread

Allergens: Wheat, Dairy, Eggs, Mustard, Celery

OPEN PRAWN SAMBO €10.00

Cold water prawns in our homemade Marie rose sauce served on brown soda bread with fresh crisp salad.

Allergens: Wheat, Dairy, Eggs, Mustard, Celery, Shellfish, Soybean

THE VEGGIE €6.00

Roast peppers & creamy goat's cheese with seasonal leaves served on toasted white or brown bread

Allergens: Wheat, Dairy, Eggs, Mustard

MAIN EVENTS

CHICKEN GOUJON

BURGER €12.00

Butter milk chicken goujons in a toasted bun with garlic and chive mayo, crisp lettuce & beef tomato

Allergens: Wheat, Dairy, Eggs, Mustard, Celery

CLASSIC BEEF BURGER €12.50

Irish Beef burger with vintage cheddar & smoked bacon served with spicy BBQ sauce and crisp lettuce in a toasted bun

Allergens: Wheat, Eggs, Dairy, Mustard, Lupin, soybean

TRADITIONAL

FISH & CHIPS €12.50

Fillet of cod in a crisp beer batter served with fries and tartar sauce

Allergens: Wheat, Eggs, Mustard, Celery, Fish

BLUE CHEESE PASTA €9.00

Penne pasta in a creamy blue cheese sauce topped with walnuts & rocket

Add Chicken €2.50

Add Bacon €2.50

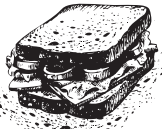
Allergens: Wheat, Dairy, Nuts

MEDITERRANEAN

CHICKEN €12.00

Breast of Chicken stuffed with roast red peppers & basil served on a bed of creamy mash with homemade tomato sauce

Allergens: Wheat, Dairy, Celery



SNACKS & SIDES

COCKTAIL SAUSAGES & CHIPS €6.50

Allergens: Wheat, Dairy

GOUJONS & CHIPS €7.00

Allergens: Wheat, Eggs, Dairy

FILO PRAWNS WITH SEASONAL SALAD €8.50

Allergens: Wheat, Eggs, Shellfish, Mustard

CRISPY WINGS WITH BLUE CHEESE DIP & FRIES €8.95

Allergens: Dairy, Eggs, Celery, Mustard

FRIES €3.00

Allergens:

SWEET POTATO FRIES €3.95

Allergens:

ONION RINGS €4.50

Allergens: Wheat, Eggs, Dairy

SIDE SALAD €4.00

Allergens: Mustard, Celery, Eggs

SEASONAL VEG €4.00

SELECTION OF DIPS €1.50

BBQ, Sweet Chili, Cajun



To book a table in advance or for more information

Email: lagoonabarifsc@gmail.com

or

Telephone: 01 7918928



www.lagoona.ie

